

Using a computer - Learning guide

This session focuses on the Learn My Way course and online resources. You do not need to register onto Learn My Way to access this course.

Aims:

- Increase confidence of using a desktop computer or laptop.
- Identify the different parts of a computer.
- Change the settings of a computer to make it easier to use.

Resources:

- A computer or laptop
- [Learn My Way Course: Using a computer](https://www.learnmyway.com/courses/using-a-computer) - <https://www.learnmyway.com/courses/using-a-computer>

LEARN

- The main parts of a computer and how they work.
- The different parts of a computer.
- How to change the settings of a computer to make it easier to use.

DO

- Turn on the computer using the power button.
- Navigate to the Learn My Way course. Register to access this course.
- Complete the first three topics of the course:
 - Parts of a computer or laptop
 - Changing settings on a computer
 - Using programs and managing files
- View the course resources.

REFLECT

How did you find the session? Can you remember how to do certain things? e.g. turn the computer on/off or open a program? Would you be able to show someone else?

NEXT STEPS

Take a look at the online resources.

Tip: Using a computer for the first time can make you feel anxious. [Computer Hope](https://www.computerhope.com/tips/tip158.htm) (<https://www.computerhope.com/tips/tip158.htm>) has some great tips for beginners to make the process more comfortable.